

## Appendix 3

## Journal

Project: Mapping growth mindset among English teachers at higher education. A case study

Dear colleague,

The research group DRIE (Doing Research to Improve Education) of the Institute of Foreign Languages at Universidad Santo Tomás in Villavicencio appreciates your participation in the research project "Mapping growth mindset among English teachers at higher education. A case study" that seeks to investigate the way in which teachers solve their pedagogical crises. Your narrative, clear and detailed response to the following questions is requested below.

1. From your professional performance, have you experienced situations that have modified your pedagogical practice? (This includes teaching, administrative assignments, research), provide examples.
2. Do you consider that the changes and adjustments done to your pedagogical performance have modified your personal and professional growth? Develop your answer.
3. Are you used to self-reflect and self-assess your professional performance?
4. Please, describe a pedagogical crisis that you experienced, explain aspects such as the origin, your reaction, ways to cope with it, what you learnt from the crisis, your support network and more details that you consider relevant.
5. In the case of not having any pedagogical crisis, why do you think that it has not happened?
6. According to all of the previous answers, look at the information contained in the following image and select the mindset that you identify yourself the most. Please explain your answer.

