Appendix 2

Task B, Session 4

Answer the following questions based on the video you watched.

- 1. What can increase the risk of stroke?
- 2. Why is sleeplessness not a minor problem?
- 3. What is Fatal Familial insomnia?
- 4. What is happening to our brains when we sleep?
- 5. What is sleep pressure?
- 6. How do you think our body will react to sleeplessness?
- 7. Why do we grow sleepy?

Rashtchi, M., Khoshnevisan, B., & Shirvani, M., (2021).Integration of Audiovisual Input via TED-ED Videos and Language Skills to Enhance Vocabulary Learning. MEXTESOL Journal, 45(1).