Biodata: Milagros Cruz Ramos and Edith Herrera Diaz

Milagros Cruz Ramos holds a PhD Educational Technology (BUAP, Mexico), and is a member of the SNI since 2022. She also has a master's degree in teaching English as a foreign language (UV, Mexico). Over the last 17 years she has worked at different educational levels, from preschool to higher education. Her area of expertise is teaching supported by technology in different modalities. Her main lines of research are the use of technology for educational purposes and the training of new researchers. She currently works as a teacher at the "Juan Enríquez" Normal School.

Edith Herrera Diaz holds a BEd TESOL (Canterbury Christ University, UK), an MA in Education, and a PhD in Language Studies (Kent University, UK). Her areas of expertise are Research Methodology and Autonomous Learning (Self-access), topics she has published and talked about in several national and international academic events. Her work as a teacher, counselor and researcher at the Language Center and at Master and PhD programs at Universidad Veracruzana has led her to become part of PRODEP (Programa para el Desarrollo Profesional Docente – SEP) since 2010, and SNI (Sistema Nacional de Investigadores, CONACYT) since 2013.