

Appendix 1

Poems for the control group

1. *Death, be not proud*

Death, be not proud, though some have called thee
 Mighty and dreadful, for thou art not so;
 For those whom thou think'st thou dost overthrow
 Die not, poor Death, nor yet canst thou kill me.
 From rest and sleep, which but thy pictures be,
 Much pleasure; then from thee much more must flow,
 And soonest our best men with thee do go,
 Rest of their bones, and soul's delivery.
 Thou art slave to fate, chance, kings, and desperate men,
 And dost with poison, war, and sickness dwell,
 And poppy or charms can make us sleep as well
 And better than thy stroke; why swell'st thou then?
 One short sleep past, we wake eternally
 And death shall be no more; Death, thou shalt die.

2. *Shall I compare thee to a summer's day?*

Shall I compare thee to a summer's day?
 Thou art more lovely and more temperate:
 Rough winds do shake the darling buds of May,
 And summer's lease hath all too short a date;
 Sometime too hot the eye of heaven shines,
 And often is his gold complexion dimm'd;
 And every fair from fair sometime declines,
 By chance or nature's changing course untrimm'd;
 But thy eternal summer shall not fade,
 Nor lose possession of that fair thou ow'st;
 Nor shall death brag thou wander'st in his shade,
 When in eternal lines to time thou grow'st:
 So long as men can breathe or eyes can see,
 So long lives this, and this gives life to thee.